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**Date of birth, 22 November 1991.**



Family history of allergies.

At the age of three, she started to go downhill, and was very nasally, with repeated infections and antibiotics. ***Tonsils and adenoids were removed when four*** and a half before she went to school, because chronic tonsillitis poisoning her system. Sinuses cauterized.

After tonsils removed, she started eating like a horse, whereas before she picked like a budgie. At the age of three Stevie was taken to Dr Alan Liang, an Auckland paediatrician, because of her slow weight gain, and her lack of appetite. He did a series of blood tests, and she was found to be anti-trypsin deficiency. The rest of the family was tested, and mother has anti-trypsin MZ type deficiency, as does her father, and sister, and nephew. Allergy skin pricks at the same time, found allergies to dust mites, horse dander, NZ mix of native trees, grasses. **Stevie put on periactin an appetite stimulate which she was allergic to.**

Stevie was a clingy toddler with a short concentration span.

Age 4: Left alternating Extropia (***in October, November, December 2009, this has got a lot worse***)

A month before chickenpox at the age of 6... for a whole month she had night coughing really badly... cough, cough, cough, and vomit. The cough would start at 11.p.m. and she'd cough through to 1.00 a.m. in the morning. During the chickenpox which was right through body, Jackie took her off juice – anything acidic. She put her onto water. ***Her cough went away.***

Put her back on juice later, ***and the cough came back***, so that's when Jackie figured out she was citrus intolerant. Now, when she drinks citrus juice, she will get a sore throat and runny nose soon after.

At aged 8 Stevie had her appendix out.

***In 2004***, Stevie had the MenZB shot, at lunch time. After lunch in class she started shaking, was very clammy, nauseous, so they set her outside for some fresh air. She got worse, and went to the sickbay. She was really upset, and was collected from school. She was okay by the time she went to bed.

***The medical records provided go from 21 March 2007.***

***21 March 2007***, went to doctor with three days headache and felt like she'd been hit by a bus. Doctor concluded it was viral, and prescribed antibiotics (!) Amoxicillin.

***29 November 2007*** cough, runny nose, -- Amoxicillin.

**Prescribed Beclomathasone Dipropionate which is an asthma maintenance medication**

**Stevie has had asthma off and on since she was little. She has not been regular with a preventer, and only used Ventolin with soccer, excessive exercise and cold weather.**

**1 April 2008**: Woke up morning of 1/4/08, and she couldn't walk. General aches, very sore lower back, sharp pains extending into L hip/thigh; headache; light sensitivity; no D/V; no dysuria; sore throat previous week but none now; not unwell looking; unable to walk unaided pain in back; tolerated room light but not ophthalmoscope; ? sore throat; very tender flanks/lower lumbar spine even on light touch; tenderness extends down to L hip & thigh; unable to SLR bilat 2 pain; power 4/5 ankles, knees hips/limited by pain **REFERRED TO THAMES HOSPITAL**

**2nd April 2008** Hospital worked out it was a back injury from a tackle on 31/3/08 which was supposed to be touch rugby, at school.

Had physiotherapy.

**20 June 2008** cough pharyngitis – Roxithromycin

**23rd July 2008**. 3 days sore joints and muscles; throat red, 24<sup>th</sup> July blood tests show raised rheumatoids, attributed to URTI. I (Didn't know she had URTI – not told this – samples?)

- **2<sup>nd</sup> December 2008 – 1<sup>st</sup> HPV quadrivalent NH48330**

Two weeks later, sore arm and flu symptoms.

**6 March 2009** prescribed Ventolin inhaler.

- **10<sup>th</sup> March 2009 2<sup>nd</sup> HPV Quadrivalent NJ11440**

**25<sup>th</sup> March** elevated eosinophils, elevated rheumatoid tests, CRP high  
Sore arm, flu symptoms but much worse. Stevie was really sensitive to the light. She collapsed in the bathroom from the pain. Stevie's mother Jackie thought it was meningitis. Stevie says, "I thought I was going to die". The pain in the right arm was excruciating right through the shoulder, under the armpit and in the ribs. It also extended right down the right side, to the top of the thigh. Stevie couldn't move for a week.

**10 June 2009** "cold induced" asthma, allergic rhinitis. (This visit was to get clearance for an Australian trip because she had such a runny nose. Didn't want to get quarantined. Doctor's notes says "stable asthma")

**12/6/09** Went to Australia.

**16<sup>th</sup> June 2008**, family went to Australia, and Stevie took a course of Buccaline Berne because her mother was worried that if she came across the swine flu, her immune system wouldn't be able to take it. On the 16<sup>th</sup>, she was not herself and on the 17<sup>th</sup> and 18<sup>th</sup> when we got back to the hotel she put herself to bed.

**13<sup>th</sup> July 2009**, more asthma medications prescribed. Stevie and her dad use the same – often getting misplaced.

**27<sup>th</sup> July 2009**, 2 week cough and URTI. – Roxythromycin (Not told it was a URTI)

Since Stevie's Gardasil shots, her allergies have got worse. She has allergic rhinitis, to native trees, citrus, oranges, mandarins, citric acid 330, cocacola (1 glass starts her nose going).

Stevie has become allergic to vitamin C which starts her nose running.

Since the second Gardasil, Stevie has complained regularly of chest pains. She used to play soccer, but now finds it hard to exercise for a long period of time as she starts getting chest pains. When she gets tired, her arm aches. Stevie used to be a real sports person, and run every day... but now, she rarely does anything, because her chest hurts when she does. And she's always tired with training twice a week and a game on the weekend.

She has no motivation or energy, and often when she gets up, looks like she's not slept at all.

Before Gardasil, Stevie stayed up late at night, and could lose her temper when stressed.

After the Gardasil vaccine she started having very bad mood swings which was at first put down to teenage years. But after being to a Naturopath, who gave her some remedies, Stevie noticed that when she took them, she was much better. When she doesn't take them her motivation and mood swings are very noticeable.

Stevie's Ventolin inhaler use has increased, especially night time, over the last 3 months.

Her emotions: confused, angry, indecisive, tired, upset a lot and no motivation.

**9/12/2009** Went back to the naturopath through concern about chest pains etc. He gave her some more remedies.

Considerable improvement, chest pain less severe, and Stevie much more her normal self.

**11/1/2009** back to Naturopath. Naturopath stated that her mercury and aluminium levels were both down to 1.

She's still on immune boosting remedies, but she's much happier, much stronger and we love having her back.